

| 2月 | 日 | 月 | 火 | 水 | 木 | 金 | 土 |
|----|--------|----|--------|--------|--------|--------|----|
| 並木 | | | | | | | 1 |
| 田中 | | | | | | | ● |
| 對馬 | | | | | | | |
| 金澤 | | | | | | | ● |
| 岡田 | | | | | | | ● |
| 橋本 | | | | | | | |
| | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 並木 | ● | | ● | ● | | 11:45~ | ● |
| 田中 | | ● | ● | ● | | ● | ● |
| 對馬 | ● | | | | | | |
| 金澤 | | | ● | | | | ● |
| 岡田 | ● | ● | | ● | ● | | |
| 橋本 | | | | | | 16:00~ | |
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 並木 | | ● | ● | ● | 17:00~ | ~17:00 | |
| 田中 | ● | | ● | ● | ● | | ● |
| 對馬 | ● | | | | | | ● |
| 金澤 | | ● | | | | ● | ● |
| 岡田 | ● | ● | | ● | ~15:00 | | ● |
| 橋本 | | | | | 16:00~ | | |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 並木 | ~17:00 | | ~15:00 | | | | |
| 田中 | ● | ● | | ● | ● | ● | |
| 對馬 | ● | | | | | | |
| 金澤 | | ● | ● | ● | | | ● |
| 岡田 | ● | | ● | | ● | ● | ● |
| 橋本 | | | | | | | |
| | 23 | 24 | 25 | 26 | 27 | 28 | |
| 並木 | | | ● | | | | |
| 田中 | ● | ● | | ● | ● | ● | |
| 對馬 | ● | | | | | | |
| 金澤 | | | ● | | | | |
| 岡田 | | ● | | ● | | | |
| 橋本 | | | 16:00~ | 16:00~ | 16:00~ | | |

<お知らせ>

- 並木院長は変動があるため、随時更新いたします。
- 船木トレーナー出勤日：2/4(火) 10:00~16:15、2/14(金) 10:00~14:30
2/21(金) 10:00~16:15
- 山浦トレーナー出勤日：2/23(日) 13:00~20:00